



Mums' Milk Run 1st -31st May 2018

20km Virtual run

The Breastfeeding Networks's annual national fundraising event, the Mum's Milk Run, will be held this year in May. We would like to invite families, friends and volunteers to come together to run or walk 20km and to help us fundraise.

Add details here of how you plan to complete the 20km challenge if you want, you could also say a little bit about why you are fundraising for the BfN

Thank you for your support, all money raised will be used to help more families be able to access the support and information they need to help them get off to a good start with breastfeeding.

Name(s) of participants.....

Name	Address	Postcode (essential for Gift Aid)	Amount	Gift Aid (Please tick)	Tick if paid

Total Raised _____

Gift Aid (Make your donation worth 28% more. Please note, you must be a taxpayer paying more tax than the amount we reclaim in order for us to claim Gift Aid from your sponsorship)

Please return your sponsorship form and payment to your local breastfeeding centre or post to The Breastfeeding Network, PO Box 11126, Paisley, PA2 8YB. You can also pay in any money collected directly using our JustGiving page <https://www.justgiving.com/breastfeedingnetwork/>

For more information please contact xxxxxxx or email xxxxxxxxxx (add in your own details here)