**Job Description: Breastfeeding Peer Supporter (Home Visits - Southampton)**

**Job Title:** Breastfeeding Network Peer Supporter, Southampton Home Visits

**Salary:** £12 per hour

**Number of posts:** 1 part time post

**Type of contract:** Fixed term temporary until 31st March 2025

**Start date:** ASAP - Oct/Nov 2024

**Hours of work:**  8 hrs/week

**Work location:** The Southampton Area, Solent NHS, Home Visits and Southampton Family Hubs

**Responsible to:** Project Manager – BfN Southampton

**Background and Purpose of the Post:**

The Breastfeeding Network is commissioned by Southampton City Council, Public Health to deliver a universal breastfeeding peer support service across the area. This includes delivery of training, supervision and breastfeeding support in the community, as well as implementing a scheme to welcome and support breastfeeding in public.

The post holder will work within the Southampton Solent Infant Feeding team to provide home visits to local breastfeeding parents that have complex breastfeeding situations and have been referred by health teams through to the Solent Infant Feeding team for a home visit. The service contributes to improving health outcomes by offering breastfeeding/lactation support throughout families’ feeding journey. The service enables those people who choose to breastfeed to have access to appropriate support regardless of age, ethnic origin, beliefs, gender, sexual orientation, social status and employment status.

# Main duties and responsibilities:

* Provide 1-1 breastfeeding/lactation support to parents at home, working within your boundaries as a BfN staff member, following lone working procedures and Infant Feeding Team & BfN home visiting guidance.
* Provide Southampton families with information about local breastfeeding/lactation support services and national support (e.g. National Breastfeeding Helpline, Drugs in Breastmilk Service and BfN Website).
* Listen to breastfeeding/lactating parent’s concerns and answer questions about breastfeeding/lactation.
* Offer support with positioning and attachment and provide key information about breastfeeding/lactation.
* Encourage parents to go to their local breastfeeding groups and give out the groups information.
* Ensure any BfN resources available to the Infant Feeding team are maintained and kept up-to-date.
* Record timely and accurate data in line with Solent NHS local processes and Information Governance Policies.
* Keep accurate data records to enable evaluation of the service in accordance with BfN’s Information Governance Policy and local processes.
* Ensure all data and attendance records are maintained accurately and submitted in a timely manner for reporting purposes.
* Be prepared to have qualified peer supporters shadow you during your work
* Attend Infant Feeding Team meetings pertaining to the Home Visits Peer Supporter role and attend BfN team meetings as appropriate
* Provide occasional cover for other BfN peer supporter roles
* Work within the Baby Friendly Initiative remit.
* Work within the BfN’s Code of Conduct and Information Governance procedures, seeking supervision on a regular basis from a BfN Supervisor to fulfil the requirements of this role.
* Liaise with other project staff processes, community support details and the Breastfeeding Welcome Scheme.
* Maintain up to date knowledge of BfN’s Policies.
* Undertake the mandatory supervision and training required for BfN registration and to fulfil the requirements and demands of the role.
* Participate in regular 1 to 1 meetings (including annual performance reviews if relevant) with the Service Manager.
* Keep up to date with personal administration including timesheets, leave forms and forward planning schedules.

*This is not an exhaustive job description and may be subject to change according to the needs and development of the role. It is expected that the post holder may undertake such other duties as may be reasonably requested.*

# Home Visits Peer Supporter (Southampton)Person Specification

Please refer to this document carefully when completing your application form and preparing for your interview. You must demonstrate how you meet the criteria on your application form.

| **Requirements** | **Essential** | **Desirable** |
| --- | --- | --- |
| **Qualifications**  **Level 2 accredited Helper** - peer support training with The Breastfeeding Network (BfN) & have had at least minimum supervision required from your named supervisor. Or equivalent training and prepared to transfer into BfN.  **Level 3 accredited Breastfeeding Supporter** Registration with the BfN or be currently in training to become a Breastfeeding Supporter, **or be prepared to sign up to the next Breastfeeding Supporter training course**  Experience of working as a volunteer with BfN offering breastfeeding support to families  Show evidence of continued professional development since qualification | **√**  **√** | **√**  **√** |
| **Experience and Knowledge**  Experience of supporting breastfeeding face to face with parent  Experience of working in a health or community setting in paid or volunteer capacity  Experience of working with diverse ethnic and social groups  Knowledge of importance and application of the BfN Code of Conduct  Knowledge of the BfN Equality and Diversity Policy | **√**  **√**  **√**  **√** | **√** |
| **Skills and abilities**  Ability to speak and write fluently in English  Ability to provide information and support to parents in a non-judgemental fashion.  Ability to provide an effective ‘hands off’ approach when helping mothers with positioning and attachment  Ability to follow established processes, organise and manage work independently  Ability to work effectively as part of a team  Excellent interpersonal and communication skills  Ability to work with people from different cultures sensitively  Ability to keep the confidentiality the parent and their families  Basic IT skills including Word, Excel, email and internet use  Ability to maintain records and write reports  Awareness and commitment to equal opportunities  Ability to work well with a range of health care professionals | **√**  **√**  **√**  **√**  **√**  **√**  **√**  **√**  **√**  **√**  **√**  **√** |  |